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Week 3 Assignment: LAB

Review of “*Maslach Burnout Inventory and a Self-Defined, Single-Item Burnout Measure Produce Different Clinician and Staff Burnout Estimates*” by Margae Knox MPH, Rachel Willard-Grace MPH, Beatrice Huang BA, and Kevin Grumbach MD

After reading about burnout from the clinical and healthcare worker standpoints, it was apparent how it can affect patient care, the quality of care the patient will receive, and how much it could cost. The American Medical Association decided to create an experiment to measure the improvements in the patient’s experience, quality, and ideas on how to lower treatment costs. The American Medical Association also developed a “Step Forward” guide for the healthcare staff.

This would ensure that the workers were practicing ways to improve where they may be lacking in patient care. This is important because if healthcare workers are not performing properly, the scenarios can put people’s lives at risk and the clinic at risk for malpractice claims. The Maslach Burnout inventory based its research on emotional exhaustion, cynicism, and professional efficacy. These were conducted through surveys from the General MBI. Emotional exhaustion was rating at 46.9 percent, cynicism was 34.6 percent, and combining for the physicians was at 54.4 percent. The results of this experiment left many concerned about the well-being of the staff if this much burnout was occurring.