

Hello class and professor

During the iHuman Virtual Patient Encounter with Ms. Lee, I felt comfortable and quite conversant with the practical exercise. The simulation was realistic and I got to identify some where I needed further understanding. Through this experience, I learned about the importance of thorough assessment, cultural competence, and effective communication skills in patient care. To better care for Ms. Lee, additional information on her medical history, family dynamics, social support, and lifestyle habits would be helpful (Kyle, 2022). Specific questions I would like to ask her include: "Can tell me more about your daily life and any challenges you face?" and "Do you have any support systems such as family or friends?"

If Ms. Lee was in my community and she admitted to regular substance misuse, I would create a non-judgmental environment where she can be free to discuss her substance use openly. I would then offer her resources for addiction treatment, and provide education on the risks associated with substance misuse (Abbasinia et al., 2019). In my community, resources for individuals dealing with substance misuse include local addiction treatment centers, support groups, and outpatient counseling services . Additionally, the community health center offers programs specifically designed to support individuals in recovery, including case management and peer support.

Applying what I learned from this simulation to my nursing practice will involve an increased awareness and sensitivity toward challenges of the vulnerable populations. This includes being especially vigilant in identifying signs of abuse, substance misuse, or other forms of vulnerability, and addressing these issues with empathy and appropriate interventions. My new knowledge of vulnerable populations will change my practice by