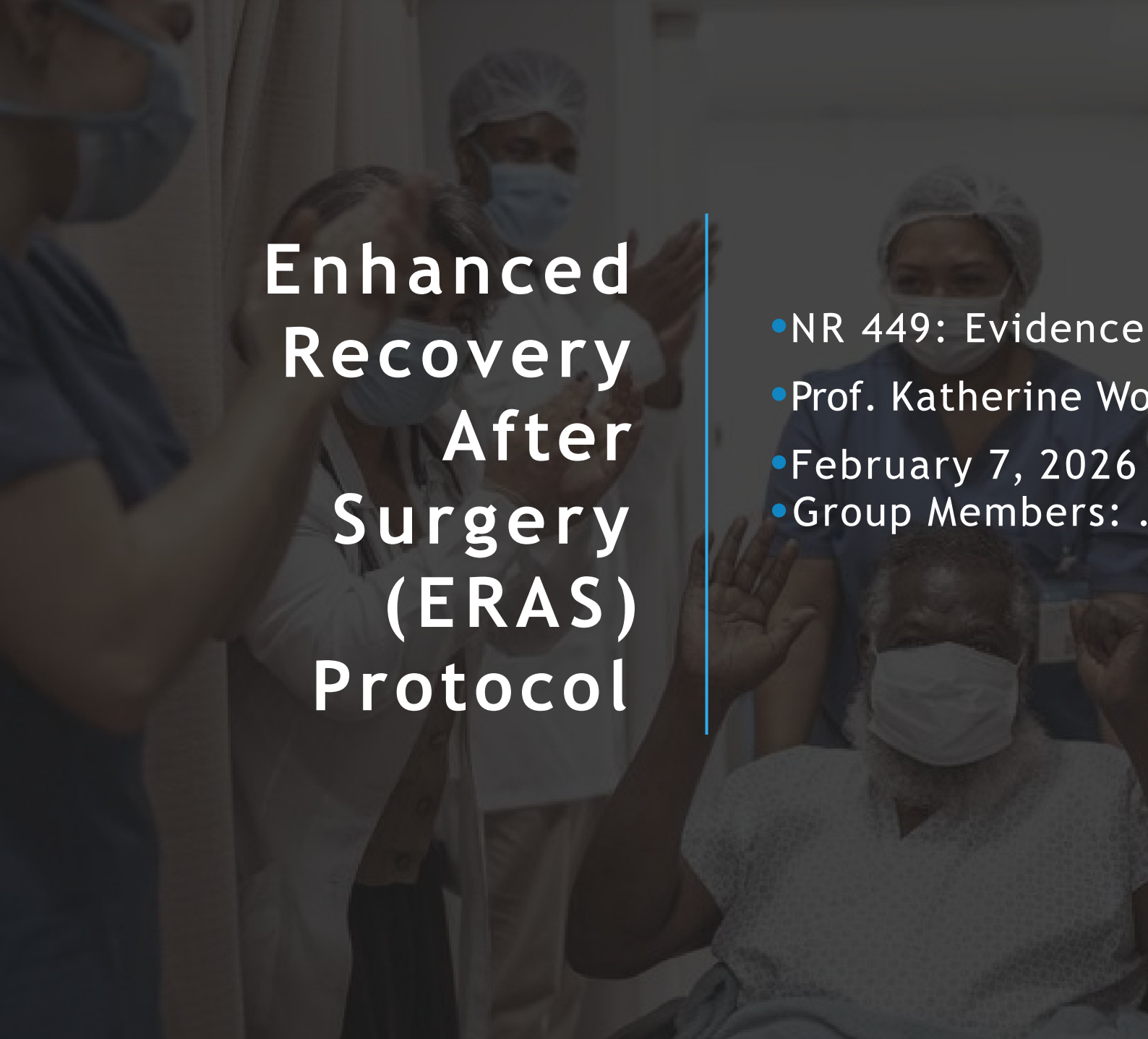




Enhanced Recovery After Surgery (ERAS) Protocol

- NR 449: Evidence
- Prof. Katherine Wo
- February 7, 2026
- Group Members: .

Student Role

Megan Russell

Contribution:

Problem ID & LOS
Data Synthesis

- *Madan et al. (2023)*

- *Lu et al. (2020)*

Jessica Nwachukwu

Contribution: Protocol
Compliance & Safety

- *Grilo et al. (2024)*

- *Ripollés-Melchor et al. (2020)*

Mariette Salloum

Contribution: Orthopedic
Gyn Data & Validity

- *Li et al. (2022)*

- *Yeniay et al. (2023)*

Erica Willis

Contribution: Readmission
Data & Conclusion

- *Kim et al. (2021)*

- *Zhang et al. (2022)*

Identification of Problem and Implications for Nursing Practice

Clinical Problem

- Extended hospital stay
- Postoperative complications (PONV, delayed GI recovery)

Nursing Implications

- Increased workload
- Higher risks of patient safety issues

