



Standard Pain management V.S Music Therapy Problem

The contrast of traditional pain treatment procedures with music therapy within the framework of nursing practices is an issue that needs to be addressed. Medication, physical therapy, and other traditional treatments are commonly used in pain management regimens to help patients feel better. However, in music therapy, individuals' physical, emotional, cognitive, and social needs are met through musical treatments.

Identification of problem

- Inadequate pain relief
- Adverse effects and side effects
- Tolerance and dependence
- Pain medication masking underlying issues
- Drug interactions
- Accessibility and Affordability



Impact of nursing practice on Standard pain management therapy

Standard pain management

- Continuous monitoring of medication dosage
 - Managing side effects & patient response to medication
 - Addiction to pain medication
 - Higher dosage needed due medication tolerance (can lead to overuse of pain meds)
- No Medication
 - Holistic approach to avoid overdose
 - Promotes patient recovery
 - Enhances patient recovery
 - Cost effective