

Berwick, D., Snair, M., & Nishtar, S. (2018). Crossing the global health care quality chasm: A key component of universal health coverage. *Journal of American Medical Association*, 320(13), 1317-1318.

Read the Berwick article and reflect on the concepts and practices you have learned in NR506 on healthcare systems, politics, and health policy.

Reflections should include the following:

1. How to make informed decisions on nursing practice and patient outcomes on a global basis.
2. In addition, state how you will apply what you have learned in this course to your upcoming practicum experience.
3. Describe how one will apply content from NR506NP to the upcoming clinical courses.

This article is based on challenges faced by healthcare globally to provide access and quality care and what can be done to tackle those challenges. According to Berwick et al. (2018), global healthcare improvement is only possible if we work to redesign healthcare systems and engage new technologies and new thinking based on evidence-based decision-making to ensure global access to care. As future APNs, we are responsible for delivering the best holistic patient-centered care possible based on evidence-based thinking. As per the World Health Organization (WHO), NPs serving in leadership roles bear an extra duty to promote the adoption of Evidence-Based Practice (EBP) within their specific units and organizations and establish a standardized approach to practice nationally and globally by advocating for policymaking initiatives (Clarke et al., 2021). Continuing education through workshops, conferences, and seminars, joining professional national or global organizations, and participating in research are ways to stay current with current EBP and improve patient care globally (Clarke et al., 2021). In addition, we should advocate for global health equity and access to quality healthcare for all by addressing global healthcare disparities (Berwick et al., 2018).

We should gain knowledge of different languages, cultural rituals, and norms to enhance cultural competency and sensitivity and help eliminate healthcare disparities. Lastly, as Berwick et al. (2018) suggested, engaging new technologies in practice, like telehealth technology, is one way to address global healthcare access. As APNs, we should ensure we are updated with new technologies and telehealth policies specific to the region to provide safe and effective patient care (Gajrawala et al., 2021).

This class was very informational and eye-opening for me. I learned the importance of APNs' participation and influence in the policymaking process to enhance better outcomes for patients, the healthcare industry, and the profession. I understood how healthcare policies differ from state to state and influence the scope of practice. This encouraged me to learn more about state-specific policy regarding practices to ensure proper and safe practice. In addition, the policy analysis process taught me how to build new concepts and solutions to practice issues and how we can successfully implement policies. I learned the importance of advocacy for effective APN practice. Lastly, learning about leadership will help me transition into the role of an effective leader as I embark on a journey of becoming an APN.