

Hello class,

- a. **Correctly identify your assigned social determinant. Briefly define the determinant and describe how it impacts healthcare outcomes.**

Economic stability is the state where people have resources necessary to live a healthy lifestyle. This includes livable wages, affordable housing, and essential services such as transportation and childcare. According to Healthy People 2030, 1 in 10 people live in poverty and can't afford things such as healthy food, health care and housing (n.d.). Because people are unable to afford the basic needs in life, this leads to decline in many people's health and well-being. People who do not have a stable income tend to skip health visits and eat unhealthy food which leads to an unhealthy lifestyle. They are worried about their next paycheck and who is taking care of their children that they tend to leave their health on the back burner, which leads to a vicious cycle down the road when their health bills pile up from their unhealthy habits. It is one of the important social determinants of health out of the many that needs to be improved to better our healthcare system.

- b. **Select an objective related to your assigned social determinant from the Healthy People website linked above. Identify the status of the objective and the population to whom the objective applies.**

Objective- Reduce the proportion of people living in poverty-SDOH-01

Status: Improving

- c. **Provide at least three appropriate questions related to the chosen objective that the NP could incorporate into the health history and interview to assess the client and family.**

Have there been any changes to your employment or income?

Has there ever been a time you were worried you would run out of food before you had money to buy more?

Do you have any financial concerns that make it harder for you to get healthcare, medications or follow a treatment plan?

- d. **Identify at least two online, national, or local resources and explain how the resources could help meet the chosen objective for at-risk clients or families.**

Some resources that are available to help those with economic stability range from food stamps which help low-income families afford food to education programs that help the person better themselves to have a better chance for employment. There are also programs that support transportation and medical needs. These resources help economic stability and help better the individuals who are living in poverty. Here are two out of the many resources for economic stability.

Federal SNAP Information and Benefits