



Week 2 iHuman Assignment Reflection Worksheet



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Nursing NR-509-Advanced Physical

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Please read the assignment guidelines and rubric. Respond substantively to each self-reflection question below. **Write on this template.**

A. Assess your ability to gather information on your client within the iHuman Virtual Patient Encounter.

1. Use the iHuman score sheet to review your results for the focused health history and focused physical exam. How did you perform?

My first attempt I received a 100% on the history portion and a 50% on my physical exam. After the fourth attempt, I received a 100% on the history portion and a 83% on my physical exam. I think with experience, I was able to understand what iHuman was looking for and understand the logic behind why I received the scores that I did. After some practice, I was able to pick up on things and use my critical thinking skills to see why we would be examining certain areas or asking certain questions. Having a virtual patient is hard to wrap your head around when you are used to looking at a patient face-to-face.

2. What did you find easy or difficult about navigating through the focused health history and focused physical exam sections of the case?

Navigating through the focused health history was not difficult if you followed the instructional videos that were provided. This helped to give an idea of what to start looking for and how to arrange your thoughts in a productive manner. I did not use the health history notes because I found it easier to write my thoughts out and organize them in a way that I understood before typing them out on the iHuman platform. Using the mnemonic OLD CARTS helped me to organize the symptoms that were reported which were important, while also helping me decide what was not important. It is also important to understand pertinent positives and pertinent negatives, so that I was able to note what was positive to the case and what was negative to get an accurate diagnosis.