

Week 4 discussion post

Hello Everyone,

Adolescent client who is reluctant to answer questions.

Create a scenario depicting an interaction between an NP and a client. Describe the setting and type of encounter.

A 17-year-old adolescent client coming in with his recently divorced mom for a behavioral assessment. His parents state that his school is concerned with recent behavioral changes due to poor attendance and possible issues with recreational drug use. During the initial meeting, the mom argued back and forth, causing the client to stare at the ground silently. The client states he has already seen other therapists, that he has heard it all before, and that this is a waste of time. When trying to establish a rapport with the new client, he is unwilling to engage in conversation. He continues to play with his fingers, fidgeting with clothes, and staring at random objects in the room. Whenever questions were asked, he rolled his eyes and scoffs.

Describe the client's challenging behaviors related to the topic assigned.

The potential client behaviors consistent with the concern listed within the scenario are the client's unwillingness to engage in conversation, avoiding eye contact, physical distractions, and poor attendance. He is also rolling his eyes and not taking the questions asked seriously. Whenever his mom starts to argue, he stares at the ground in silence. He also states that he has already seen other therapists before, and nothing has worked, and nothing will.

Examine the potential impact of the client's behavior on the client-provider relationship.

Communication is essential to building trust and establishing a positive rapport between clients and providers (Bickley, 2021). When clients are silent, it can be challenging for providers to establish a connection with them, which can impact the quality of care and treatment. Moreover, new interviewers often feel uncomfortable with silence, but it is necessary to be attentive and respectful and encourage the patient to continue talking (Bickley, 2021). Also, with a silent patient, there is a higher risk of miscommunication, misunderstandings, and errors, and lack of information can lead to delays in the treatment process. Therefore, providers must work to establish a positive rapport with silent clients and encourage open communication to ensure the best possible care and treatment outcomes.