

NR 509 Quiz Week 7

1. A woman has a positive pregnancy test and comes to you with abdominal pain. On physical examination, you palpate a large, fixed, and ill-defined adnexal mass. Which of the following should you suspect?

- A. ovarian cyst
- B. constipation
- C. threatened abortion
- D. **ectopic pregnancy**

2. A 28-year-old musician comes to your clinic, complaining of a "spot" on his penis. He states his partner noticed it 2 days ago and it hasn't gone away. He says it doesn't hurt. He has had no burning with urination and no pain during intercourse. He has had several partners in the last year and uses condoms occasionally. His past medical history consists of nongonococcal urethritis from chlamydia and prostatitis. He denies any surgeries. He smokes two packs of cigarettes a day, drinks a case of beer a week, and smokes marijuana and occasionally crack. He has injected IV drugs before but not in the last few years. On examination you see a young man appearing deconditioned but pleasant. His vital signs are unremarkable. On visualization of his penis there is a 6-mm red, oval ulcer with an indurated base just proximal to the corona. There is no prepuce because of neonatal circumcision. On palpation the ulcer is nontender. In the inguinal region there is non-tender lymphadenopathy. What disorder of the penis is most likely the diagnosis?

- A. penile carcinoma
- B. **syphilitic chancre**
- C. genital herpes
- D. Condylomata acuminata

3. Which of the following is true regarding breast self-examination?

- A. It has been shown to reduce mortality from breast cancer.
- B. **A high proportion of breast masses are detected by breast self-examination.**
- C. The undue fear caused by finding a mass justifies omitting instruction in breast self-examination.
- D. It is recommended unanimously by organizations making screening recommendations.

4. Which is the most effective pattern of palpating the lateral portion of the breast?

- A. **Beginning at the nipple, palpate outward in a stripe pattern.**
- B. Divide the breast into quadrants and inspect each systematically.
- C. Examine in lines resembling the back and forth pattern of mowing a lawn.
- D. Beginning at the nipple, make an ever-enlarging spiral.