

Course Reflection week 8

1. Describe how course assignments or activities will help you achieve Program Outcome 1: Provide high quality, safe, patient-centered care grounded in holistic health principles (Holistic Health & Patient-Centered Care).

During the class, I have developed skills to help me complete a full head to toe physical assessment. The course has taught me interviewing skills on how to complete a health history on a patient. As well as, charting the health history in the appropriate way on patient chart. I fully understand the use of OLD CARTS too after the class. I feel with the use of the Ihuman, it has made more confident in talking with patients and learning about how some symptoms can be more than one diagnosis. It has helped me to differentiate between the two and provide a management plan that is best for the patient.

2. Describe how course assignments or activities will help you achieve ONE of the advanced- level nursing education competencies from AACN Essentials Domain 1 [Links to an external site.](#) listed below.

The Domain I chose from AACN Essentials is Domain 1.3. Domain 1.3 demonstrate clinical judgement founded on a broad knowledge base (AACN, 2008). During the course, we have wrote many SOAP notes that fit in to this category. As FNP's we must have clinical reasoning when we integrate foundational and advanced specialty in practice. FNP's should stay up to date on education by attending seminars, conferences or etc. This helps us to keep up to date practice and integrate current and emerging practice for better patient outcomes. The use of the Ihuman has helped with the Domain as well, by getting us familiar with the big picture and how to come up with plans to treat the patients.

3. Describe how course assignments or activities listed below. will help you achieve ONENONPF Independent Practice Competency [Links to an external site.](#) listed below.