

Dorothy Jones

54 years old

5'6"

Reason for encounter- abdominal pain

Location- emergency room with full imaging and lab capabilities

Interview question

- Don't feel right, my usual clinic was too busy to see me
- Looks uncomfortable, alert, dressed in gown, appears in pain
- Stomach really hurts!—can not keep anything down and haven't gone to the bathroom in 2 days
- Feeling pretty lousy and a little worried about this

- **Onset**= started 2 days ago after dinner—started after a meal--thought it was because something she ate ---nausea and vomiting started yesterday

Location- right in the middle, around my belly button—does not radiate

Duration- it happens for several minutes—then slowly goes away and comes

back **Character**- started out like cramps, but not it feels like someone is squeezing my stomach from inside.

Aggravating factors- hurts more with palpation--- doesn't seem to be related to eating though—seem to be getting full pretty fast when she try to eat

Relieving factors- feel better after throwing up--- no treatment so far

Timing- after meal

Severity-intense, not able to do anything else. 8 or 9 out of 10

- Last bowel movement two days ago—watery—not normal for her
- Normally, once or twice a day but haven't gone in a while
- No fever, no chills
- Change in appetite- not able to eat anything
- Vomit is greenish color
- Eating makes her throw up
- Bloating for the past day or so
- Patient is wondering if it was related to inflammation in her bowels—have had so much else taken out, it must be something that's left in there that's doing this.

History

1. Reason for encounter

Abdominal pain, not able to keep anything down, constipation lasting two days, concerned it may be IBS based on information she read online.

2. History of present illness

A 54-year-old female presents with a 2-day history of worsening, intermittent abdominal pain centered around umbilicus, described as cramping that has progressed to a squeezing sensation. Pain is rated 8-9/10, worsen with palpation, and is not associated with eating. She reports greenish vomiting triggered by oral intake, which provides temporary relief, along with early satiety and inability to tolerate food. She has not had a bowel movement in 2 days which is not her normal and reports bloating since yesterday. She denies fever, chills, CP, SOB, or recent sick contact and is concerned about possible bowel inflammation as she read online. No treatment has been initiated.

Review of systems

1. General

Good overall health except this recent issue. Feeling “lousy”. Denies Fever or chills. No recent weight loss or night sweats, appears uncomfortable and in pain

2. HEENT/neck

Denies headache, visual changes, sore throat, ear pain or neck stiffness.

3. Cardiovascular

Denies chest pain, palpitations, or dizziness.

4. Respiratory

Denies shortness of breath, cough, or recent respiratory illness

5. Gastrointestinal

Abdominal rated 8-9/10, described as cramping and squeezing in character, pain is periumbilical and non-radiating, which is worsen with palpation, reports nausea and vomiting since yesterday, vomitus is greenish in color, states vomiting relieves some of the pain temporarily, eating triggers vomiting, early satiety noted. Last bowel movement 2 days ago which was watery and not her normal pattern. Normally patient has 1-2 bowel movements per day. Report bloating for the past day. Denies hematemesis, melena, or hematochezia. Has poor appetite, unable to eat due to nausea and pain.

6. Genitourinary

Denies urinary frequency, urgency, dysuria, or hematuria.

7. Musculoskeletal

Denies any joint pain or muscle ache.

8. Neurologic

Alert and oriented, denies headache, visual changes or syncope.

9. Integumentary/breast

Denies any rash or jaundice.

10. Psychiatric

Anxious about current symptoms, no history of depression or psychiatric illness.

11. Endocrine

Denies polyuria, polydipsia, or recent bruising.

12. Hematologic/lymphatic

Denies easy bruising, bleeding tendencies, or lymphadenopathy

13. Allergic/ immunologic

Denies any allergies.

Past medical history

1. Past medical history

High cholesterol, Hx of gallstones, no significant childhood history, 1 pregnancy and has 1 daughter

2. Hospitalization/surgeries

cholecystectomy 12 years ago, fibroids removal 5 years ago and 1 year ago, female part taken (hysterectomy) 1 year ago.

3. Preventative health

Last physical- unknown

Colonoscopy 3 years ago- normal

Mammogram- date unknown but was normal per patient

Pap smear – date unknown

Up to date with flu and covid shots

4. Medications