

Week Three Quiz Summary

Dear Students,

Here is your Week Three Summary

1. Pediatric anxiety disorders are among the most diagnosed mental health disorders, affecting 9.4% of U.S. children and youth
2. Cognitive-behavioral therapy (CBT) is the most common psychotherapeutic approach for pediatric clients
3. Onset of OCD is gradual with up to 25% of cases emerging between the ages of 8-12 years (This item was incorrectly keyed and credit has been given).
4. Fluoxetine is approved for all pediatric mental health disorders.
5. Social anxiety disorder or social phobia in children causes clinically significant distress and interferes with daily activities.

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Specifiers are to be used after a 1-year duration of the disorder and if they are not in contradiction to the diagnostic course criteria.

- Multiple episodes refer to at least two distinct acute episodes, separated by a full remission.
- Two acute episodes over a one-year period followed by subsyndromal symptoms for two years (C) and two acute episodes over a two-year period followed by subsyndromal symptoms for six months (D) would be compatible with the specifiers of multiple episodes in partial remission.

Schizophrenia diagnostic criteria include two or more of the following, each present for a significant portion of time during a one-month period- 1) delusions, hallucinations, disorganized speech, grossly disorganized or catatonic behavior, negative symptoms 2) disturbance in level of functioning at work, in personal relationships or self-care 3) continuous signs of disturbance lasting for a minimum of 6 months.

Catatonia criteria includes 12 distinct clinical signs and symptom which include stupor, cataplexy, waxy flexibility, mutism, negativism, posturing, mannerism, stereotypy, agitation, grimacing, echolalia, and echopraxia.

The Brief Psychiatric Rating Scale may be used to assess clients who present with symptoms of psychosis. The Positive and Negative Syndrome Scale (PANSS) is a clinician-rated tool to identify and differentiate the presence of positive and negative symptoms of psychosis.

With a normal baseline ANC, the CBC should be monitored weekly for 6 months, every 2 weeks for months 6-12, and monthly thereafter (Clozapine REMS, 2021).