

Week Five Exam Review

Review Depression screening across the lifespan, when do you consider Unipolar versus Bipolar depression. Review Geriatric Depression Scale, indications, scoring and indications for treatment.

Review DSM5 TR diagnostic criteria for depression and adjustment disorder with depressed mood

Review differentials for depressed mood including physical illnesses and medication/substance use.

When can anxious distress be used as a modifier?

Which non-pharmacological measures are effective in treatment of depression and when are they appropriate

Antidepressant dosing including starting doses

Review Bipolar screening across the lifespan

Review DSM5 TR diagnostic criteria for bipolar I versus bipolar II versus cyclothymia – how to differentiate

Review differentials for bipolar including physical illnesses and medication/substance use.

Review rapid cycling of type 1 bipolar disorder – who is at higher risk for rapid cycling

Manic triggers including medication management

Treatment of acute manic episodes – what is first line treatment (mood stabilization)

Manic symptoms – urgent treatment and consequences of not treating (length of non-treated episodes)

Pharmacological management of bipolar symptoms including Lamotrigine and Lithium treatment, monitoring and patient education

Review workup for mood disorder including Lab values.

Suicide risk factors