

Application of Course Knowledge

1. Select two of the standards below. Summarize the competencies associated with the selected standard.
 1. Standard 5A: Coordination of Care
 2. Standard 5B: Health Teaching and Health Promotion
 3. Standard 5D: Prescriptive Authority

For my first selection, I chose Standard 5B which in summary includes health teaching and health promotion methods utilizing person-centered holistic practices. This standard recognizes the related theories and frameworks that are used in all aspects of the medical field and develops their healthcare educational material utilizing these very values and beliefs as well as the driving foundation of care which is evidenced-based practice. These evidenced-based practices are at the core of holistic individualized care and the PMHNP who uses these practices will deliver educational care that focuses on each person's unique needs. PMHNPs also discern health information resources for reliability and accuracy so their patients can trust the information given to them.

For my second selection, I chose Standard 5D which is Prescriptive Authority. This is summarized by utilizing the nursing process starting with a thorough assessment of the patient's history, "What has been tried and failed?" "What type of healthcare needs are they in assistance of?" "Is medication needed or could they benefit from psychotherapy?" The PMHNP in this standard uses their scope of practice, depending on their state, to educate patients regarding the need for medication, and the possible side effects, utilizing the patient's buy-in with the understanding that they are treating their diagnosis by utilizing evidence-based practices in hopes of best outcomes.

1. Standard 5B states the PMHNP evaluates health information resources, such as the Internet, in the area of practice for accuracy, readability, and comprehensibility to help healthcare consumers access quality information. As a practicing PMHNP, how will you respond to clients who request medications or treatments based on information they researched on the internet?

I would respond by educating them that not all things on the internet are as they seem especially when it comes to utilizing evidence-based practices. I would educate them that as PMHNPs we do what is right for our patients backed up by evidence that we utilize through medical and nursing platforms and organizations that are peer-reviewed. Patients need to be educated that many websites will give you information on medication and treatments for