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COLLEGE of NURSING

NR548 – Psychiatric Assessment for Psychiatric-Mental Health Nurse Practitioner

Exam Study Guide – Exam One

Exam Format: Non-Cumulative

Question Type: Multiple Choice

Number of Questions: 35 questions

Time Allotted: 42 minutes

Testing Timeframe: Exam One will be available **starting on Wednesday of Week Two at 12:01 am MT until Saturday of Week Two at 11:59 pm MT.**

1. Exam Coverage

Content Areas:

- Week 1: Scope of Psychiatric Mental Health Nursing Practice Advanced Practice Competencies

2. Key Concepts to Study

- Disparities and barriers to mental health care.
- The actions the PMHNP can take to reduce disparities and decrease the drop out rate from mental health care.
- Rutgers University and John Hopkins psychiatric nursing program.
- The role that Medicare and Medicaid had in deinstitutionalization.
- Comorbidity's role in serious mental illness and influence on lifespan
- Aspect of the PMHNP role – examine
 - Psychotherapy
 - Case management
 - Education
 - clinical supervision



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- Components of the Consensus Model
 - Focus on federal priorities in addressing substance abuse treatment
 - Populations at risk for substance abuse. Great concern for adults over the age of 50.
 - The PMHNP and ethical principles
 - Advancement of the nursing profession
 - commitment to the healthcare consumer
 - contribution to healthcare environments
 - collaboration to meet healthcare needs
 - Statistics and the impact of mental illness
 - PMHNP role
 - case management
 - advocacy for the healthcare consumer
 - commitment to the healthcare consumer
 - responsibility and accountability for practice
 - PMHNP standards of practice competency – know – this is a very large part of the examination
 - The scope and standards of professional nursing practice defines its boundaries and informs society about the parameters of nursing practice and the expectations of competencies to be demonstrated.
 - Including improving the work experience of the health care provider is referred to as the Quadruple Aim
 - The psychiatric mental health advanced practiced registered nurse uses prescriptive authority, procedures, referrals, treatments, and therapies in accordance with federal and state laws and regulations.
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