

1. Psychiatric interview: the process by which psychiatric assessment is conducted

-primary tasks

- building a therapeutic alliance between the PMHNP & client
- obtaining a database of psychiatric info about the client
- establishing a dx
- negotiating a tx plan

2. Therapeutic Alliance: a feeling that you should create over the course of the diagnostic interview, a sense of rapport, trust, and warmth

-most important goal of the interview process

-the cooperative working relationship between the therapist and client

- begins during the initial or opening phase of the interview

-fundamental component of successful therapy

- Without trust, adherence to treatment recommendations may be compromised

• interview may not elicit the information needed to formulate an appropriate dx & plan of care without rapport & trust

3. Creating rapport: tips: -Be Yourself

-Be Warm, Courteous, and Emotionally Sensitive