

Week 1: Review of symptoms to differential diagnosis

CC	65-year-old male with concern about blood pressure	
Body System	Column A	Column B
1. General	Have you been told you have high blood pressure?	Essential hypertension. Incidental findings of hypertension often go ignored since it's a onetime occurrence. Determining why the patient is concerned with their blood pressure can lead to a mutual understanding of the symptoms and if it is enough concern for them to come in, there may be other symptoms going on which we must explore.
	Have you felt more tired than usual?	Chronic fatigue. When the heart is forced to work more as with hypertension, other body systems can be deprived of oxygen causing you to feel more fatigued with everyday activities. If this is a positive response, it is key to determine sleep patterns, caffeine, medications and supplements to eliminate other causes of the new fatigue.
2. Head	Do you have any headaches?	SDH, SAH. Uncontrolled hypertension can manifest into hemorrhagic strokes if left untreated. Given the patients age, determining if headaches are present along with the duration can eliminate or warrant further investigation
	Do you get dizzy when you stand up?	Orthostatic hypotension. Sudden dizziness when going from a sitting to standing position should be further