

NR569 - Week 1 Chief Complaint Assignment

|                | Chief complaint:<br>Dizziness and Fatigue                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| Body system:   | Questions:                                                                | Explanation:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| HEENT          | <p>Have you had any vision changes?</p> <p>Do you have a sore throat?</p> | <p><b>Binocular vision dysfunction (BVD)</b>— BVD is an ocular motor dysfunction that occurs when both eyes don't align perfectly. This causes double vision. This dysfunction may lead to dizziness and fatigue because the brain receives conflicting spatial signals.</p> <p><b>Strep throat</b>— When your body is fighting a bacterial infection, it uses a lot of energy and releases inflammatory chemicals that make you feel weak and foggy. Fever and sweating can lead to dehydration and lower blood pressure, causing lightheadedness, while throat and nearby ear inflammation can disrupt balance. Pain, reduced food and fluid intake, and poor sleep further worsen both dizziness and fatigue until the infection is treated and your body recovers.</p> |
| Cardiovascular | <p>Do you have chest pain?</p> <p>Do you have swelling in your legs?</p>  | <p><b>Myocardial infarction</b>— When damaged heart muscle cannot pump blood as effectively, it reduces blood flow and oxygen delivery to the brain and muscles. This decreased cardiac output can lead to lightheadedness, weakness, and exhaustion.</p> <p><b>Congestive heart failure</b>— Fluid buildup, low blood pressure, poor circulation, and side effects of heart medications may contribute to dizziness and persistent fatigue, especially with activity or standing.</p>                                                                                                                                                                                                                                                                                     |
| Respiratory    | <p>Do you have any shortness of breath?</p>                               | <p><b>COPD</b>— Damaged lungs are less able to move oxygen into the bloodstream and remove carbon dioxide, leading to low oxygen levels and carbon dioxide retention. Reduced oxygen delivery to the brain and muscles causes lightheadedness, weakness, and early exhaustion. Breathing requires much more effort in COPD, increasing energy use, causing poor sleep, and some medications further worsen ongoing fatigue and dizziness.</p>                                                                                                                                                                                                                                                                                                                              |