

Follow these guidelines when completing each component of the discussion. Contact your course faculty if you have questions. Include the following sections:

**1. Application of Course Knowledge:** Answer all questions/criteria with explanations and detail.

- a. Discuss two factors that motivated you to enroll in the master's degree program in nursing (MSN).
- b. Identify three Chamberlain resources available to support your success in the MSN program.
- c. Explain how you will use two self-care strategies to enhance your resilience while completing your education.
- d. Evaluate the adequacy of resources available to support your self-care management. Are the resources adequate? If not, describe what additional resources are needed and how to obtain them.

**2. Integration of Evidence:** Integrate relevant scholarly sources as defined by program expectations:

- e. Cite a scholarly source in the initial post.
- f. Cite a scholarly source in one faculty response post.
- g. Cite a scholarly source in one peer post.
- h. Accurately analyze, synthesize, and/or apply principles from evidence with no more than one short quote (15 words or less) for the week.
- i. Include a minimum of two different scholarly sources per week. Cite all references and provide references for all citations.

**3. Engagement in Meaningful Dialogue:** Engage peers and faculty by asking questions, and offering new insights, applications, perspectives, information, or implications for practice.

- j. Peer Response: Respond to at least one peer.
- k. Faculty Response: Respond to at least one faculty post.
- l. Communicate using respectful, collegial language and terminology appropriate to advanced nursing practice.

**4. Professionalism in Communication:** Communicate with minimal errors in English grammar, spelling, syntax, and punctuation.

**5. Reference Citation:** Use current APA format to format citations and references and is free of errors.

**6. Saturday Participation Requirement:** Provide a substantive response to the graded discussion topic (not a response to a peer or faculty), by Saturday, 11:59 p.m. MT of this week.

**7. Total Participation Requirement:** Provide at least three substantive posts (one to the initial question or topic, one to a student peer, and one to a faculty question) on two different days during the week.