



NR584NP Nurse Practitioner Quality Measures Worksheet

1. Identification of the Selected Measure (minimum of one scholarly source using citations)

- a. Identify the selected **performance measure** and provide the full description of the measure.

My selected performance measure is the care for older adults (COA), which focuses on adults aged 66 years and older who receive both a medication review and a functional status assessment during the measurement period. This measure ensures that older adults have their medications checked regularly for safety and accuracy, and their ability to perform daily activities is evaluated (National Committee for Quality Assurance, 2025). These two components are essential in identifying problems early to support coordinated care for aging adults. According to the National Committee for Quality Assurance (2025), this measure promotes comprehensive care that considers the physical, mental, and emotional needs of older adults.

- b. Analyze the selected performance measure for clinical significance and evidence base, considering both short-term and long-term clinical significance.

Care for Older Adults (COA) is clinically important because it supports safe use of medication and early recognition of functional decline. In the short term, it assists providers to correct medication errors, remove unnecessary drugs, and manage side effects (Gray et al., 2023). It also allows identification of mobility or self-care challenges before they worsen. In the long term, it prevents hospital admissions and supports independence among older adults. Current research indicates that regular medication reviews reduce adverse drug events and improve adherence (Gray et al., 2023). Likewise, early assessment of functional status assists in planning timely interventions to maintain quality of life and reduce caregiver burden (National Committee for Quality Assurance, 2025). Therefore, using this measure supports patient safety and long-term health stability.

- c. Describe practical implications for practice.

A practical implication for practice is incorporating annual medication reviews and functional assessments into routine wellness and visits for older adults. A nurse practitioner can schedule these reviews during yearly checkups and document findings in the electronic health record (Gray et al., 2023). This process will ensure that every medication, including over-the-counter drugs and supplements, is listed with its purpose and dose. It also promotes early detection of functional limitations, such as difficulty walking and bathing. Therefore, regular use of this measure supports better coordination of care, reduces hospitalizations, and ensures that treatment plans match the patient's current abilities and goals (National Committee for Quality Assurance, 2025).