

NR 586NP Week 3 Discussion Health Outcomes Data

- Provide an overview of the health outcomes and factors in your country. Which health factors are strengths in your county? Which are areas for improvement?
- Consider the communities within your county. What influencing factors might be at the root of health factors needing improvement?
- How does your home county or county of practice compare to the counties with the highest and lowest health outcomes rankings?
- How will the information you found impact your role as an advanced practice nurse?

Dr. Ernster and classmates,

Provide an overview of the health outcomes and factors in your country.

In the United States, health outcomes and factors are shaped by a range of elements. These include social habits, environmental conditions, biological influences, and socioeconomic factors. To evaluate the health of the population, data from diverse sources is used. This data encompasses the incidence of diseases, behavioral health patterns, access to healthcare, and health behaviors. Despite being a high-income nation, it's noteworthy that the U.S. has some of the poorest health outcomes compared to other countries in the same income bracket.

Among the positive health outcomes and factors in the United States, we've seen a significant reduction in HIV/AIDS-related deaths since the early 2000s, and there's been a marked improvement in the provision of home healthcare (Valdez, 2022). Furthermore, the country leads in terms of screening rates for breast and colorectal cancer, as well as vaccination coverage (Gunja, Gumas, & Williams II, 2023).

Among the most concerning health outcomes and factors in the United States are the nation's lowest life expectancy at birth, alarmingly high death rates from preventable and treatable conditions, and unparalleled rates of maternal and infant mortality. Additionally, the prevalence of suicide is distressingly high. These factors collectively underscore the critical health challenges faced by the country (Gunja, Gumas, & Williams II, 2023).