

## NR601 iHUMAN Week 2 Chris Alvarez: Cardiovascular

### Reason for Encounter

Start with open-ended patient-centric questions.

● Asked ✗ Not asked

| Graded | Approach | Question                                                                            | Response                                                                                       |
|--------|----------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| ●      | CC Sx    | How can I help you today?                                                           | I've been feeling very short of breath with everything I do; even when I'm doing nothing.      |
| ●      | Assoc Sx | Do you have any pain in your chest?                                                 | I wouldn't say pain particularly. No. Not pain.                                                |
| ●      | Assoc Sx | Do you have unusual heartbeats (palpitations)?                                      | No, funny enough, never had any problems like that. Don't even know what that would feel like. |
| ●      | Assoc Sx | Do you have any other symptoms or concerns we should discuss?                       | My body feels heavy, fatigued. And, my gut and legs have been swelling.                        |
| ●      | Assoc Sx | Do you have a cough?                                                                | Yeah I do actually. It's so annoying.                                                          |
| ●      | Etiology | Have you been in a situation where you were sitting or lying still for a long time? | No, nothing like that recently.                                                                |

### OLD-CARTS for the HPI

● Asked ✗ Not asked

| Graded | Approach        | Question                                             | Response                                                                                                                                                   |
|--------|-----------------|------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ●      | Onset           | When did you first notice feeling short of breath?   | About 2 months ago I started experiencing it more and more.                                                                                                |
|        | Location        |                                                      |                                                                                                                                                            |
|        | Duration        |                                                      |                                                                                                                                                            |
| ●      | Characteristics | Are you coughing up any sputum?                      | Just a little frothy white phlegm.                                                                                                                         |
| ●      | Characteristics | Do you wheeze?                                       | I've heard myself wheeze off and on; nothing much.                                                                                                         |
| ●      | Characteristics | Do you feel as if you are smothering or suffocating? | Yes, that's a good description. I have felt that way a few times.                                                                                          |
| ●      | Characteristics | Does your chest feel tight or heavy?                 | I can't say I've had that recently; I did before the stent was put in 6 months ago. See, I was diagnosed with coronary artery disease at that time.        |
| ●      | Characteristics | Do you awaken at night short of breath?              | Yes, I might fall asleep okay, but then a few hours later I wake up suddenly really short of breath.                                                       |
| ●      | Characteristics | Are you short of breath when lying down?             | I can't tolerate being on my back for long. I get really short of breath. I'm now sleeping in the recliner to avoid sleeping on my back. That helps a lot. |
| ●      | Characteristics | Do you sleep with pillows to help you breathe?       | Tried that. That didn't seem to work very well.                                                                                                            |
|        | Aggravating     |                                                      |                                                                                                                                                            |
|        | Relieving       |                                                      |                                                                                                                                                            |