

NR601 – Primary Care of the Maturing and Aged

Exam Study Guide – Midterm Exam

Exam Format: Non-cumulative

Question Type: Multiple Choice

Number of Questions: 100

Time Allotted: 120 minutes

Testing Timeframe: The midterm exam will be available starting on **Wednesday of week 4 at 12:01 am MT until Friday of week 4 at 11:59 pm MT.**

1. Exam Coverage

Content Areas:

- Week 1: The Maturing Adult Client
- Week 2: Coronary and Peripheral Vascular Disease
- Week 3: Cardiac Arrhythmias and Valvular Disorders
- Week 4: Respiratory Disorders

Learning Objectives Covered:

- **Week 1: Foundations of Aging**
 - Approaches to caring for the aging population
 - Aging theories and how they affect NP practice
 - Anticipatory guidance – lifestyle, fall prevention
 - Holistic assessment and health promotion for older adults – screening and prevention
 - Polypharmacy and pain management
 - Palliative Care and Hospice Care – assessment, PSPIKES, determining capacity
 - Advance care planning – POLST, Advanced Directives