

Week 5 I Human Case

Case attempts for 402080 Heather Nardone - Chamberlain for Chamberlain University - NR601 Sept 2025 - Primary Care of the Mature and Aging Adult



Assignment start date: 2025-08-25 Mon 00:01 MDT, due date: 2025-10-31 Fri 00:01 MDT

Disclaimer: Scores are subject to change by your instructor.

Attempt Ref: 1

Attempt Action: Completed

PDF: 

DDx: 100%

DDx Ranking: 100%

MNM: 33%

Required Tests: 83%

Dx: 100%

Attempt started: 2025-09-19 Fri 11:33 MDT

Attempt last activity: 2025-10-04 Sat 19:22 MDT



Help and Resources:

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Heather Nardone-Chamberlain, 56 y/o female

Chief Complaint: Blood Pressure Recheck

Problem Statement

Heather Nardone is a 56-year-old female presenting for a blood pressure recheck after a workplace health fair identified an elevated reading of 132/74 mmHg. She has a history of hypothyroidism and obesity, reports a sedentary lifestyle, a high-fat/high-salt diet, and a strong family history of cardiovascular disease. Subjectively, she denies chest pain, palpitations, dyspnea, syncope, dizziness, leg swelling, polyuria, polydipsia, or heat/cold intolerance. Objectively, today's blood pressure is 118/72 mmHg with a normal pulse and respiratory rate. Exam reveals obese body habitus, xanthelasma above the medial eyelids, and corneal arcus bilaterally. Cardiopulmonary, abdominal, neurologic, and skin exams are otherwise unremarkable with no murmurs, edema, rales, or neurologic deficits noted.

Differential Diagnosis

Hyperlipidemia(E78.5): Rational Strongly supported by LDL 190 on exam finding

Diabetes Mellitus Type 2(E11.9)

Hypertension, Primary(essential)(I10)

Acute Coronary Syndrome(I24.9)

Atrial Fibrillation or Flutter (I48)

Chronic Kidney Disease (N18.1)

Hypothyroidism(E03.9)

Nephrotic Syndrome (N04)

Peripheral Artery disease (I73.9)

Xanthoma (E75.5)

Differential Diagnosis Ranking

1. Hyperlipidemia(E78.5)-Lead MNM
2. Diabetes Mellitus Type 2(E11.9)-Alternative MNM
3. Hypertension, Primary(essential)(I10)-Alternative

Diagnostic Test (Ordered and Reviewed)