

Client Information and Assessment Data

- Assigned Primary Diagnosis: Benign Paroxysmal Positional Vertigo (BPPV)
- Client Name: Linda Kaur
- Date of Birth: March 12, 1967
- Chief Complaint: "I have been having sudden dizzy spells and feel like the room is spinning, especially when I move my head or get out of bed. It's making me nauseous and unsteady."

History of Present Illness:

Linda Thompson is a 58-year-old female who presents with a two-week history of intermittent episodes of vertigo. She describes a sudden spinning sensation that lasts less than a minute and is consistently triggered by changes in head position, such as rolling over in bed, looking up, or bending forward. These episodes are accompanied by mild nausea and a sense of unsteadiness, though she denies any falls. Her symptoms have become more frequent and disruptive. She reports no hearing loss, tinnitus, visual disturbances, or recent upper respiratory infections. There is no history of head trauma, and she has not experienced similar symptoms in the past.

Physical Exam

- Height: 5'4"
- Weight: 160 lbs
- BMI: 27.4
- Blood pressure: 124/78 mmHg
- Heart rate: 72 bpm
- Respiratory rate: 16 breaths/min
- Oxygen saturation: 98% on room air
- Temperature: 98.6 F

Past Medical History (PMH)

- Hypertension
- Osteoarthritis
- Hypothyroidism

Allergies

- Penicillin-causes rash
- NSAIDs- cause gastrointestinal upset