

NR 601 Week 7 Quiz

Question 1

Q: A 68-year-old patient presents with recurrent unilateral, throbbing headaches accompanied by photophobia and nausea. What is the MOST appropriate initial treatment for this patient's headache type?

Correct Answer: B. Triptans and NSAIDs

Question 2

Q: A 76-year-old patient presents with progressive memory loss and difficulty managing finances. MRI shows hippocampal atrophy and positive amyloid biomarkers. Which is the MOST appropriate initial pharmacologic treatment?

Correct Answer: B. Donepezil (Aricept)

Question 3

Q: Which non-pharmacologic intervention is supported by evidence for treating major depressive disorder (MDD) in older adults?

Correct Answer: B. Interpersonal therapy

Question 4

Q: Which adverse effect of benzodiazepines is of greatest concern in the older-adult population?

Correct Answer: D. Increased fall risk

Question 5

Q: A 70-year-old patient with MDD has multiple chronic conditions and takes antihypertensives and antiarrhythmics. What is the PRIORITY step when evaluating her depression?

Correct Answer: A. Review her medication list for depressive side effects

Question 6

Q: A 62-year-old patient presents with bradykinesia, rigidity, and new-onset tremor. The NP suspects Parkinson's disease. What is the MOST appropriate next step in management?

Correct Answer: B. Refer to a neurologist for evaluation

Question 7

Q: Which screening tool is MOST appropriate for identifying depression in older adults?