

Obesity: What disease processes does your risk increase if you are obese?

STI: First line treatment

Menopause: symptoms of perimenopause; changes in your body for peri and regular menopause; defn of menopause and treatment

elder abuse: Who is most at risk

ethical issues: This is more generic and end of life planning?

advance directives & advance care planning; When do you need this? What is the purpose?

POLST: What is this? When do you use it?

According to the Sexually presentation, atrophic vaginitis

- a. the symptoms are the same for each woman
- b. creates a more acidic vaginal environment
- c. **is a contributing factor for frequent urinary tract infections**
- d. is not treated with vaginal lubricants

Which of the following is the most appropriate screening tool for delirium?

- a. St Louis University Mental Status Exam (SLUMS)
- b. Montreal Cognitive Assessment
- c. Lawton Scale of instrumental Activities of Daily Living
- d. **Confusion Assessment Model(question)**

A drug that can be used to treat two very common symptoms in a dying patient (pain and dyspnea_ is:

- a. lorazepam
- b. Gabapentin
- c. Methadone
- d. **Morphine**

Which of the following would you recommend annually for the elderly type 2 diabetic?

- a. periodic visits to a gastroenterologist
- b. colonoscopy
- c. follow up with a urologist
- d. eye exam with an ophthalmologist

Which characteristic of delirium helps to distinguish it from dementia? a,

- a. short term memory impairment
- b. personality changes
- c. acute onset
- d. impaired attention

The majority of patients enrolled in hospice care die:

- a. in the hospital
- b. in an inpatient hospice facility
- c. in a nursing home
- d. at home

Which of the following is a role of the advanced practice nurse in palliative cancer care?

- a. detecting cancer in asymptomatic patients or those with specific symptoms
- b. arranging for follow up including patients
- c. identifying and managing complications of care
- d. all of the above

The elderly are at high risk for delirium because of:

- a. multiple medical problems

- b. multisensory deficits
- c. polypharmacy
- d. all of the above

A 68 year old woman presents with a complaint of urine leakage whenever she sneezes, laughs or strains for the past 4 months. She denies dysuria, frequency and nocturia. US dipstick is negative for RBC's leukocyte esterase, nitrates, ketones and urobilinogen. What is the diagnosis?

- a. stress incontinence
- b. urinary incontinence
- c. urge incontinence
- d. overflow incontinence

Which of the following signs or symptoms are not characteristics of delirium

- a. patient is coherent
- b. short duration
- c. sudden onset
- d. symptoms are worse in the evenings

A 52 year old female patient screened for diabetes has a fasting plasma glucose level of 123 mg/dl. The nurse practitioners plan includes:

- a. repeat fasting glucose in 1 month
- b. prescribe metformin 500mg BID po
- c. repeat fasting plasma glucose in one year (not sure)
- d. repeat fasting glucose in three years

According to the palliative care presentation, most elderly patients die:

- a. alone
- b. at home
- c. in institutions
- d. in pain

Older adults with dementia sometimes suffer from agnosia, which is defined as the inability to

- a. remember events and places
- b. understand language
- c. use language
- d. recognize objects