

1. PG is a 58-year-old Caucasian man with stable mental health diagnosis of schizophrenia who presents for a yearly physical. PG is prescribed aripiprazole for treatment of his schizophrenia. The NP knows the following labs should be ordered to assess for cardiometabolic changes related to his medication EXCEPT:

CORRECT ANSWER: **AST/ALT**

2. A 55-year-old woman has type 2 DM she had three UTIs in the last 9 months and she is concerned about her kidneys. She has no report of dysuria, frequency or urgency at this time. Which of the following is the best action to follow?

CORRECT ANSWER: **Recheck UA dipstick today**

3. According to the sexual history presentation, atrophic vaginitis (AV)

CORRECT ANSWER: **Is a contributing factor for frequent UTIs**

4. Ms. L 55-year-old woman with BMI of 28, has 20-year hx of primary HTN and has been on hydrochlorothiazide 25 mg daily for years with excellent response. During follow up visit Mrs L reports that for the last 6 months she has felt thirsty all of the time even though she drinks at least 10 glasses of water a day. Upon chart review the NP notes that the last two fasting blood glucose levels have been 136 mg/dl and 165 mg/dl. The NP checks a random blood glucose, which is 210 mg/dl. What is the next appropriate test?

CORRECT ANSWER: **Prescribe Metformin 500 mg PO BID**

5. A patient has been prescribed Metformin (Glucophage). One week later he returns with lowered blood sugars but complaints of some loose stools during the week. How should the NP respond?

CORRECT ANSWER: **Reassure the patient that this is an anticipated side effect**

6. A 60-year-old obese male client has type 2 DM and a lipid panel of TC= 250, HDL = 32, LDL=165. The NP teaches the patient about his modifiable cardiac risk factors which include:

CORRECT ANSWER: **Diabetes, obesity, and hyperlipidemia**

7. Lifestyle approaches to postmenopausal symptom management include

CORRECT ANSWER: **avoiding sugar, coffee, chocolate and alcohol**

8. When treating depression associated with dementia, which of the

following would be a poor choice and should not be prescribed?

CORRECT ANSWER: Amitriptyline

9. How does women's anatomy make them more susceptible to UTIs?

CORRECT ANSWER: the urethra is shorter

10. Which of the following is a role of the advanced nurse in?

CORRECT ANSWER: All of the above

11. An older adult male with dementia is being asked to make a decision about having a surgical procedure. Which of the following questions would be appropriate for the FP to ask the patient to ensure that the patient understands relevant information about the surgical procedure?:

CORRECT ANSWER: Tell me in your own words about what I told you about the surgical procedure

12. When treating depression associated with dementia, which of the following would be a poor choice and should not be prescribed?

CORRECT ANSWER: Amitriptyline

13. How does women's anatomy make them more susceptible to UTIs?

CORRECT ANSWER: the urethra is shorter

14. Which of the following is a role of the advanced nurse in?

CORRECT ANSWER: All of the above

15. All of the following statements are true regarding anxiety EXCEPT:

CORRECT ANSWER: is a normal part of aging

16. A 48-year-old male patient screened for diabetes has a fasting plasma glucose level of 120 mg/dl. The NP plan includes

CORRECT ANSWER: Educate the patient of lifestyle changes to lower blood glucose

17. Which of the following assessments are commonly noted in a client with Parkinson's disease?

CORRECT ANSWER: Micrographia and bradykinesia

18. A 76-year-old man is seen in the office for c/o urinary incontinence. The clinician should explore which of these causes of incontinence in men?