

Unspecified malignant neoplasm of skin nose

Atopic dermatitis

Psoriasis

CC: Painful growth on nose and scabs on arms, knees, lower back

- thorough history of present illness (HPI)
- physical exam findings
- completed diagnostic testing with results
- treatment already prescribed and outcome of treatment plan
- rationale for referral to specialty
- anticipated actions of the consulting provider

Good afternoon Dr I am calling you because you are a Dermatology Specialist and I need to refer a patient to you for evaluation of a potentially malignant nasal lesion as well as management recommendations for worsening chronic skin conditions.

The patient is a **66-year-old male** with a history of basal cell carcinoma that was excised two years ago. He also has **chronic atopic dermatitis** and **plaque psoriasis**, which they flare seasonally. He presented to our clinic today with a **chief complaint of a painful growth on the right side of his nose** and persistent **scabbed, itchy plaques on his arms, knees, and lower back**.

The nasal lesion appeared approximately three months ago, but over the last three weeks it has become painful and occasionally bleeds when touched. His other chronic dermatologic conditions have also worsened recently, likely exacerbated by cold weather and running out of his prescribed topical medications.

A full physical exam today revealed a **0.8 cm pearly, raised lesion with rolled borders and central crusting** on the right nasal ala. There is no surrounding erythema or lymphadenopathy. His arms, knees, and lower back show **erythematous plaques with thick silvery scale consistent with psoriasis**, along with **excoriated, lichenified patches** consistent with atopic dermatitis.