

Name: Karen Floyd, 45-year-old

Reason: abdominal pain

History of Presenting Illness:

Reason for encounter	Abdominal pain
History of present illness	Client presents with a 10-year history of abdominal pain, feeling of bloating and significant amounts of flatulence and belching that is intermittent with no true relief. She describes the pain as mild and annoying, cramping with intermittent episodes of severe stabbing pain that affects daily living and food intake. Pain does not radiate, localized to abdomen, specifically lower half. These painful episodes range from few minutes to 1 hour. There are no events surrounding the start of abdominal pain, bowel movement eases some of the pain, while stress and specific diet intake aggravates pain and symptoms. She denies any symptoms after consuming rye, wheat, or barley. Complaints of associated episodes of intermittent with diarrhea and constipation that last several days. Denies any treatments tried.

Review of Systems:

General	Denies fever, night sweats, fatigue
HEENT/neck	Occasional headaches Denies heartburn or acid taste in mouth, difficulty swallowing
Cardiovascular	Denies any known heart disease or other related issues, palpitations
Respiratory	Denies SOB
GI	Positive for abdominal pain, fluctuates from annoying cramping to severe stabbing, bloating, flatulence and belching, episodes of constipation with intermittent episodes of diarrhea Denies foul-smelling stool, black tar-like, weight loss, nausea and vomiting, gastric reflux, pain after

	intake of rye wheat or barley, family history of IBD, colon polyps or colon cancer, history of bowel obstructions, colon cancer or polyps, use of laxatives, enemas or suppositories
GU	Denie difficulty urinating, and menstrual irregularities
Musculoskeletal	Denies arthritis
Neurologic	Positive for occasional headaches Denies dizzy or lightheadedness, tingling and numbness
Skin/breast	Positive for dry skin
Psychiatric	Denies feelings of sad, depressed, or hopelessness
Endocrine	Positive for occasional hot flashes Denies change in thirst and night sweats
Hematologic/lymphatic	Denies bruising or bleeding easily or history of anemia
Allergic/immunologic	UTD on immunizations including flu vaccine denies rash

Past Medical History:

PMH	10-year history of abdominal pain Occasional hot flashes Dry skin headaches
Hospitalization/surgeries	c-section at 27 years old – no complications bike accident at 17 yo – complicated right tibia fracture with surgery
Preventive	Mammogram – denies PAP smear – last year and results were normal Immunizations – up-to-date, annual flu shot Annual exam – last year
Medications	Multi-vitamin daily Acetaminophen prn for stress headaches
Allergies	NKA
Social History	Diet: average diet with no special considerations Fluids: normal amount Sleep: sleeps through the nights Tobacco: denies Alcohol: daily glass of wine Drugs: denies Occupation: manager at local restaurant Finances: has insurance
Family history	Mother – arthritis
	Father – (68yo) healthy