

1.

A breastfeeding patient with a history of hypothyroidism asks if she should stop taking levothyroxine while nursing. Which response is most appropriate?

Correct Answer: Levothyroxine is safe during breastfeeding and should be continued.

2.

What is the best strategy to prevent exercise-related hypoglycemia in a child with type 1 diabetes mellitus?

Correct Answer: Ensure blood glucose is checked before activity and provide carbohydrates before and during exercise.

3.

A patient reports strong family support at home but difficulty attending follow-up visits due to distance and long wait times. How should this be interpreted?

Correct Answer: The patient has adequate home support but limited access to care.

4.

A patient with diabetes presents with confusion, tremors, diaphoresis, and clammy skin. What is the most likely diagnosis?

Correct Answer: Hypoglycemia.

5.

A child with type 1 diabetes reports dizziness after exercise but remains alert and communicative. What is the most appropriate first step?

Correct Answer: Check blood glucose and review recent insulin pump activity.

6.

A patient with congestive heart failure taking diuretics reports dizziness upon standing and has low blood pressure. What is the most likely cause?

Correct Answer: Hypovolemia.
