

- a. Describe the symptoms that meet the criteria for the diagnosis substance use disorder. Select management strategies you would recommend for substance use disorders. Provide support from a scholarly source to support your decision.
- b. Describe a minimum of two referrals you would make for the client and include your rationale.
- c. Analyze one ethical or legal consideration related to the treatment of a client with your assigned diagnosis.
- d. Evaluate the potential role of the family in the treatment of a client with the assigned diagnosis.
- e. What additional support may be necessary if the client's family is unwilling or unable to participate in treatment?

## Gender Dysphoria

### **A.) Case**

15-year-old assigned male at birth reports feeling different from other boys. At a young age he enjoyed playing with dolls, painting his nails, and trying on his older sisters' undergarments. He is sexually attracted to males and prefers to wear dresses and carry the female role in his relationships. He recently has begun wearing wigs, makeup, and stuffed bras for the last 8 months. He shaves his facial hair and has voiced multiple times to his mother and sister he would like to have breast implants so he can feel and look more like himself, although his mother is against/doesn't support any of his choices to identify as female. He has a history of depression and suicidal ideations related to his father leaving. He states he is struggling with his identity and feels he has no support with this from family. He has stopped going to school due to bullying that has occurred and states if he can't be who he wants to be then he doesn't want to be around.

### **Past Medical History:**

Depression with suicidal ideations.

### **Education:**