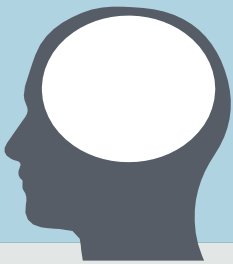


ADVERSE CHILDHOOD EXPERIENCES

WHAT ARE ADVERSE
CHILDHOOD
EXPERIENCES (ACES)

ACES

ARE POTENTIALLY TRAUMATIC CHILDHOOD EVENTS THAT CAN
LEAD TO LONG-TERM PHYSICAL AND MENTAL HEALTH
DEFECTS.



POSSIBLE TRAUMATIC EVENTS

- PHYSICAL ABUSE
- EMOTIONAL ABUSE
- SEXUAL ABUSE
- DOMESTIC
VIOLENCE
- ~~PARENTAL~~
SUBSTANCE ABUSE
- ~~ILLNESS~~
- SUICIDE/DEATH



INCARCERATION

MENTAL HEALTH

ACES HAVE BEEN ASSOCIATED WITH DEPRESSION,, ANXIETY, AND PTSD.
THE HIGHER THE NUMBER OF ACES EXPERIENCED THE INCREASED RISK
OF

MENTAL HEALTH ISSUES. ("Adverse childhood experiences (ACEs),"
2022). MENTAL HEALTH ISSUES MAY MANIFEST IN DIFFERENT WAYS,
SUCH AS, DIFFICULTY CONCENTRATING, NIGHTMARES, FLASHBACKS