

NR 606 Week 8 Reflection

NR 606 has been a transformative course that integrated evidence-based practice, collaborative care, and clinical reasoning to prepare students for advanced nursing roles. A set of readings, clinical experiences, discussions, and assignments allowed me to obtain critical competencies and meet program and professional outcomes. This reflection points to the course as granting me the ability to promote positive health outcomes, collaborative management of population health, and quality improvement principles. Such encounters have made me more capable of providing caring, efficient, and fair advanced nursing services.

Throughout NR 606, the “assigned readings, assessments, and clinical experiences have significantly contributed to achieving Program Outcome 5, which emphasizes advocating for positive health outcomes through compassionate, evidence-based, collaborative advanced nursing practice”. An impressive experience was the direct involvement in the clinical management of a patient who had Type 2 diabetes that was uncontrolled and had a low health literacy level (Gong et al., 2022). I worked alongside an interdisciplinary team comprising a dietitian and social worker to establish a patient-centered care that would touch both the medical requirements and the social determinants that are affecting this patient's health. The guidelines based on evidence provided by the American Diabetes Association were used, and the patient was given the necessary education and follow-up care (Gong et al., 2022). The other instance happened when I was doing a case study analysis by using evidence found in recent systematic reviews to identify the best pharmacologic and non-pharmacologic interventions of treatment that could be offered to a patient with resistant hypertension. These learning activities further highlighted the importance of combining the current evidence and compassionate care into