

Review the results of the Psychiatric Mental Health Nurse Practitioner (PMHNP) Prediagnostic Assessment completed in Week 4 as they relate to the American Nurses Credentialing Center (ANCC) domains: scientific foundation, advanced practice skills, diagnosis and treatment, psychotherapy and related theories, and ethical and legal principles.

Include the following sections:

Application of Course Knowledge:

- 1. Identify two domains in which additional study may be indicated.**
- 2. Discuss three study strategies you will implement to help improve your understanding of the domains you identified.**
- 3. Discuss three strategies you could use in the practicum setting to improve your understanding of the domains you identified.**

Hello Professor and classmates,

Identify two domains in which additional study may be indicated.

1. Adult & Geriatric Disorders
2. Psychopharmacology

Discuss three study strategies you will implement to help improve your understanding of the domains you identified.

Implementing effective study strategies can significantly improve academic performance and retention. The methods I have selected include note-taking, outlining, and flashcard usage. Study strategies are seldom analyzed at the community college level, despite these institutions educating about half of the STEM students in the United States who obtain a bachelor's degree. To address this lack of research, a study examined students in two biology courses at a Hispanic-serving community college. It inquired about their most frequently used study strategies at both the beginning and the end of the semester (Vemu et al., 2022).

Research on self-testing indicates that students who used flashcards for retrieval practice can remember more information after a week than those who study without aids. Additionally, students who consistently self-test tended to achieve higher exam scores than their counterparts who did not engage in this practice (Vemu et al., 2022).

Distributed practice is a well-researched learning technique. In a study conducted by graduate fellow Mary Pyc and psychology professor Katherine Rawson at Kent State University, subjects memorized pairs of Swahili and English words with either six or 34 items in between. Those