

CHAMBERLAIN UNIVERSITY

COLLEGE of NURSING

NR607- Diagnosis and Management in Psychiatric-Mental Health III Practicum

Exam Study Guide - Final Exam

Exam Format: Cumulative

Question Type: Multiple Choice

Number of Questions: 100

Time Allotted: 120 minutes

Testing Timeframe: The final exam be available starting on **Wednesday, week 8 at 12:01 am MT until Friday, week 8 at 11:59 pm MT.**

1. Exam Coverage

Content Areas:

- Week 1: PMHNP Role with Complex Mental Health Disorders
 - Week 2: Psychiatric Emergencies
 - Week 3: Diagnosis and Treatment of Complex Diagnoses and Treatment Resistance
 - Week 5: Effects of Social Determinants of Mental Health (SDOMH) and Structural Racism on Complex Mental Health Diagnoses
 - Week 6: Diagnosis and Management of Dissociative and Psychosomatic Disorders
 - Week 7: Impact of Sexual and Intimate Partner Violence and Treatment Considerations
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2. Key Concepts to Study

Week 1:

Developing a therapeutic relationship with patient

Psychiatric Emergency management

- Suicide
- Use of

restraints Inpatient

treatment

- Primary goal

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- Admission criteria (select who should be admitted)
- Voluntary vs. involuntary
- Psychiatric hold criteria (select who should be admitted for hold)
- Use of seclusion

Ethical considerations

- Safety for others in specific settings
- Informed consent (acceptance, exemptions, refusal of treatment guidelines)
- Decision making capacity guidelines
- Civil Commitment

Use of restraints- selection criteria

Week 2:

Risk assessment - physical,
environmental psychiatric emergency
identification aggressive behavior

- Early signs
- Interventions

AEIO risk assessment categories- be able to select appropriately in a case scenario

De-escalation techniques - see week 2 at end of document

Psychiatric Emergency management

- Select appropriate next steps
- Suicidal ideation management
- Self harm management
- Lithium toxicity

Clozapine Initiation and what to monitor

Serotonin Syndrome and neuroleptic malignant syndrome: differentiation

- Physical signs
- Medication management
- See week 2 attached at the back of document

Week 3:

Schizophrenia

- Support social programs
- Medication adverse effect identification (presentations)
- Medication AE management (muscular AE related to antipsychotic use)
 - Parkinsonism, tardive dyskinesia
 - Metabolic concerns related to medications- includes management.
- Treatment failure
- LAI- risks and benefits, initiation techniques

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