

PICOT Worksheet – Week 2

Name

Date: January 17, 2025

Your Instructor's Name:

Purpose: To identify a problem or concern that nursing can change and develop a PICOT question to guide the change project.

Directions: Use the form below to complete the Week 2 Assignment PICOT Evidence Worksheet. This includes filling in the table with information with your narrative PICOT question, your individual PICOT elements, and the remaining sections.

Step 1: Clearly define each PICOT element statement. List each element P (population), I (intervention), C (Comparison with other treatment/current practice), and O (Desired outcome; must include measurable metrics), T (Time Frame).

Step 2: State your PICOT question by weaving together your PICOT elements into a coherent question or statement.

Step 3: Describe the issue or problem that will be the focus of your CGE evidence-based practice change project. What have you noticed in your work or school environment that isn't achieving the desired patient or learning outcomes? What needs to change in nursing, what can you change with the support of evidence in the literature?

Step 4: How was the practice issue identified? How did you come to know this was a problem in your clinical practice? Review the listed concerns and check all that apply.

Step 5: What terms can you use in order to make sure that your search is wide enough to obtain required information but narrow enough to keep it focused? How will you narrow your search if needed?