

1. A 43-year-old man was involved in a motor vehicle collision in which he was found to have a blood alcohol concentration of 0.200. He was observed wandering around the crash site, slurring his words, and unable to provide a clear history. Emergency Medical Services brought him to the emergency department. The nurse triaged him to psychiatry for acute alcohol intoxication. What is the first priority for the PMHNP?

C-spine stabilization and head imaging

2. An 81-year-old female is found in acute respiratory distress after choking on a hotdog during lunch. On exam, which of the following lungs sounds are you most likely to hear?

Stridor

Stridor is the result of an upper airway obstruction, such as when there is a sudden acute aspiration of an object.

3. A 52-year-old obese man with type 2 diabetes reports dozing off while driving, watching TV, or reading, with increased apathy and fatigue. The PMHNP ordered a sleep study, which revealed 10 episodes of apnea lasting 15 to 20 seconds each per hour of sleep. Based on these findings, what should the PMHNP prescribe for his condition?

Continuous positive airway pressure

4. A 30-year-old man with history of alcohol use disorder is being evaluated for altered mental status. He has a negative blood alcohol level, aspartate transaminase 100, alanine transaminase 90, hemoglobin 10, hematocrit 30, negative stool for occult blood, negative head CT scan. What further tests should the PMHNP order before diagnosing psychosis not otherwise specified?

Serum ceruloplasmin

5. A patient presents with atypical symptoms of psychosis that include inconsistent auditory hallucinations without disorganization. What is the best definition of an EEG and its utility?

Electrophysiologic test that depicts electrical activity on the surface of the brain

6. In observing the appearance of the patient with depression and a history of systemic lupus erythematosus, the PMHNP notices a lesion on the neck of the patient about the size of a pencil eraser, flush with the skin, uniformly colored, with discrete borders, and consistent texture. The PMHNP should:

Watch and wait

7. Which of the following is true regarding the influenza vaccination?

A history of Guillain Barre 4 weeks after a previous influenza injection would be a contraindication for future influenza vaccination

Anyone 6 months of age or older should obtain the influenza vaccine

All of the statements are true.

Those who currently have cold like symptoms with a temperature of 101.6 should not receive the vaccine

8. The condition in which the patient is unable to discriminate between objects based on touching is known as:

Astereognosis

9. The PMHNP is consulted to see a 70-year-old female who was admitted to the skilled nursing facility 3 days ago from the hospital, where she was treated for urinary tract infection, pneumonia, and dehydration. The staff reports that the patient is restless and agitated, awake most of the night, intermittently sleeping during the day, and has poor PO intake. What should the PPMHNP do first?

Physical exam and diagnostic tests (complete blood count, basic metabolic profile, and urinalysis)

10. Which of the following is an indication for monitoring of serum drug levels?

Smoking cessation

11. The S2 heart sound is a result of what?

Closure of the semilunar valves

12. A woman who discovers her husband has committed suicide in the middle of the night decides to tell her 4- and 6-year-old children the next morning that the reason daddy is not here today is that he went to work. Based on their developmental stage, what might they assume when mommy says she is going to work?

Going to work means you are not coming home

13. A patient who is considering electroconvulsive therapy (ECT) for resistant depression inquires as to the number of sessions she would likely require. Based on the best evidence currently available what is the best response?