

NR668 VISE Complete Mock Interview Scenarios

Scenario 1: Major Depressive Disorder (MDD)

Chief Complaint:

Client: I've been feeling really down lately. I can't get motivated to do anything.

HPI:

Client: It's been about two months now. I have no energy, and I can't concentrate at work.

Psychiatric History:

Client: A few years ago I had a similar episode and took Zoloft for a while.

Medical History:

Client: Hypertension, takes lisinopril.

Family History:

Client: Mother had depression.

Social/Developmental History:

Client: Lives alone, teacher, missing work.

Diagnosis: Major Depressive Disorder, Recurrent, Moderate

Differentials: Bipolar Disorder, Substance-induced Depression,

Hypothyroidism First-line Treatment: Sertraline 50 mg PO daily

Labs: TSH, CMP, CBC

Referral: Psychotherapy

(CBT) Follow-Up: 2–4 weeks

Scenario 2: Generalized Anxiety Disorder (GAD)

Chief Complaint:

Client: I worry about everything—my job, my health, even little things I know aren't serious.

HPI:

Client: This has been going on for over 7 months. I feel tense all the time, have trouble sleeping, and I'm always tired.