

Quiz 6 pregnancy pediatric mental health

1. Children with this disorder "annoy others". This disorder is associated with defiance, blaming others and arguing with adults or authority figures.

Oppositional Defiant disorder

Oppositional defiant disorder. These children tend to upset others around them. They can be vindictive and negative, but not usually physically harmful. They often blame others for their mistakes and argue with authority

2. A 10-year-old girl is referred for evaluation of behavioral difficulties. Her teachers report that she is easily distracted and fails to complete any class work, and often stares off into space or tries to chat with her neighbor. Her mother reports that mornings are the most difficult because of her general disorganization and forgetfulness. Otherwise she is socially engaged and enjoys many activities. Which of the following is the most likely diagnosis?

Attention deficit disorder

3. An 8-year-old boy presents with nocturnal enuresis, which persists despite behavioral interventions including eliminating fluid intake in the evening, scheduled awakening at night to use the bathroom, and a urine alarm. Which of the following medications is most appropriate?

Imipramine

4. Luanne is a 19-year-old single mother of a 3-year-old boy. She works during the day and attends classes for her high school equivalency exam several evenings per week. Her son is in daycare and an after-school program from 8 a.m. to 7 p.m. 5 days per week. She reports feeling so tired that she sometimes loses her patience with her son and gives him Benadryl to help calm him down and sleep through the night. Which of the following actions should the PMHNP take?

Report the mother to child protective services

5. A pregnant woman with depression is reluctant to take medication for fear of causing her baby neonatal abstinence syndrome due to selective serotonin reuptake inhibitor (SSRI) medication. Her husband states they would like to use a faith healer instead. Which of the following is most accurate regarding the prognosis of depression during pregnancy?

The actual course of depression cannot be predicted

6. The school psychologist refers a 7-year-old girl with difficulty reading, distractibility, and writing avoidance behaviors. The child has no diagnosed conditions, takes no medications, and met all of her developmental milestones. She loves arts and crafts and physical education. Prior to diagnosing a learning disorder, which of the following screening tests must be performed?

Vision and hearing

7. A 19-year-old female is being seen at a crisis pregnancy center for an unplanned pregnancy. She feels compelled by her boyfriend to get an abortion, but it goes against her deeply held religious beliefs. Which of the following reduces her risk of being the victim of domestic violence?

Financial independence

8. A 4 year old adopted child with unknown medical and social history has struggled to meet several expected developmental milestones in areas

of intellectual functioning. This child has no deficits in reciprocal social communication or social interaction. Which of the following is the most accurate diagnosis?

Global Developmental Delay

The diagnosis of Global Developmental Delay is utilized for children under 5 years of age and clinical severity cannot be reliably assessed. This is especially true for children too young to participate in standardized testing, yet fail to meet expected developmental milestones. One would expect children with ASD to have impairments in social-emotional reciprocity and social interaction.

9. Which of the following statements regarding intellectual developmental disorder is false?

IQ test scores remain the gold standard for determining intellectual disability

IQ test scores are not the gold standard for determining intellectual disability. Furthermore, IQ tests fail to assess reasoning in real life scenarios and fail to measure mastery of practical tasks despite measuring conceptual capacity.

10. An 8-year-old boy is referred to you for evaluation for disruptive behavior in school. The teachers report that without warning the boy will make disruptive sounds or shout out in class. Other than these instances the boy is described as polite and well kempt, but restless. This clinical presentation is most consistent with which of the following disorders?

Tourette's syndrome

11. The PMHNP is performing primary prevention in the high school regarding mental illness. The most common psychiatric emergency in children and adolescents is:

Suicidal behavior

12. Which disorder is associated with higher rates of ADHD, enlarged testes, a long narrow face, hypotonia and short stature?

Fragile X

Fragile X is associated with a higher rate of ADHD, impaired intellectual ability, learning d/o's, autism spectrum d/o. Physical attributes include