

Advance Practice and Assessment

1. When providing psychoeducation to a patient with treatment-resistant depression about electroconvulsive therapy (ECT), you tell the patient that the most common adverse effect of treatment is which of the following?

Amnesia

Arrhythmia

Respiratory depression

Psychosis

2. A 32-year-old male was referred from the urologist for erectile dysfunction. He has been prescribed a phosphodiesterase-5 inhibitor (PD5-I) with variable success despite a negative physiological workup. Which form of therapy is indicated for this sexual dysfunction?

Cognitive behavioral therapy

Interpersonal therapy

Supportive psychotherapy

Eye movement desensitization reprocessing (EMDR) therapy

3. A 19-year-old female is evaluated in the ED for admission to an eating disorders unit and has a history of bulimia nervosa. Which of the following diagnostic tests should be ordered?

Electrolytes and renal function

Liver and pancreatic function

Lipid profile and hemoglobin A1C

Urinalysis and urine pregnancy test

4. Mr. B was recently promoted to the position of vice president at his company. He is charming, articulate, well dressed, and admired from afar. On one occasion a new subordinate challenged his decision. Mr. B responded with anger and passive aggressive tactics, leading the subordinate to cancel weekend plans to implement Mr. B's idea. These

personality traits are most consistent with which of the following disorders?

Narcissistic personality disorder

Antisocial personality disorder

Borderline personality disorder

Histrionic personality disorder

5. Unless the patient provides consent for releasing information, the Health Information Portability and Accountability Act (HIPAA) prohibits the disclosure of personal health identifiers to all of the following except:

The patient's health insurance company

The patient's next of kin

The patient's clergy

The patient's attorney

6. A new graduate PMHNP is considering a job at a psychiatric ED. The medical director informs the prospective hire that they are expected to evaluate and treat children, adolescents, adults, and geriatric patients. What document should be consulted to determine if the PMHNP can legally treat psychiatric patients across the life span?

The state Nurse Practice Act

The hospital bylaws

The PMHNP scope of practice

The PMHNP can treat any patient because there is a collaborating physician

7. A 24-year-old man who has been diagnosed with substance-induced mood disorder is doing well maintaining his sobriety for the last 5 years. He complains of being lonely but is afraid of going to any social events lest he come into contact with alcohol. He requires much reassurance that he is okay, he will be fine, and that he is good enough to be around others whom he perceives to be better adjusted to life. These characteristics are most consistent with which of the following?

Avoidant personality disorder

Dependent personality disorder