

NRNP 6552-week 3 case study

scenarios Case #1. Cindy.

History of Present Illness (HPI): Cindy is a 25-year-old Hispanic G1P0010 who presents to the office for annual gynecologic exam. Her LMP was 1 week ago, and she does not use contraception. The patient has no current complaints and denies abnormal uterine bleeding. She has never had cervical cancer

screening and is unsure if she received the HPV vaccine. She reports 3 sexual partners in the last 6 months.

Prior medical history: Chlamydia. Prior surgical history: None

Current medications: None. Allergies: None

GYN History: Menarche age 13, cycle length- 7 days- frequency every 28 days- 4-5 tampons per day. Positive history of chlamydia 1 year ago. Never had cervical cancer screening.

LMP: 1 week ago. Contraception history: None, does not use condoms.

Social history: Lives with a roommate. Works as a bartender. ETOH 3-4 vodka drinks 2 nights/week. Denies recreational drug use, never smoker.

Family history: Unremarkable.

Review of Systems (ROS): Negative.

Physical Exam (PE)

VS: BP: 110/70, P: 90, RR: 18, T: 98.4, Weight: 122 lbs, Height 5'6", BMI 19.7

External: Appropriate hair distribution, No lesions, Small, painless lump palpated at left vaginal opening. Mild swelling noted. Speculum exam: Scant yellow vaginal discharge, no lesions, no cervical motion tenderness (CMT). Bimanual exam: uterus normal size firm and non-tender. No adnexal masses palpated bilaterally, nontender. Breast exam normal. Her physical exam is otherwise unremarkable.

Case #2. Maxine.

History of Present Illness (HPI): Maxine, a 31-year-old G0, is an established patient of your practice and presents today for a routine well woman exam. She was married 4 months ago after a short courtship with a family friend. She denies any complaints, however, you notice she is more withdrawn than usual and is not making eye contact with you. When asked about her menstrual cycle, she states her menses have been irregular over the past 3 months, skipping one month and bleeding twice the next month. Last period was 2 weeks ago and was a very heavy flow that, causing her to change tampons every hour on the first 2 days. She is not using any contraception because her husband wants a child right away.

Prior medical history: None. Prior surgical history: None