

Week 5 Case Study

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Master of Science in Nursing, Walden University
NRNP-6552: Advanced Nursing Practice Reproductive
Health

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Maurer Dec. 29,

2025

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Introduction

Case #4. Stephanie. History of Present Illness (HPI): Stephanie is a 15-year-old female G0 who presents to the office with her mother. She c/o heavy bleeding during her periods, anxiety, and mood swings, which had been occurring for the past 4 months. Her symptoms usually occur a few days before the onset of her menses and improve by day 3. She uses 2 pads every 1-2 hours and sometimes needs to double up on the pads. She also c/o severe bloating, pelvic pain, and back pain during her periods. She has missed numerous days of school due to her symptoms, and lacks interest in usual daily activities, staying in bed all day. Around 2 months ago, she was seen by an adolescent psychiatrist and was diagnosed with major depression and started on sertraline 50mg once daily. She has refused to take the medication because she rejects the diagnosis of depression. She states that she knows she is not depressed and is angry that nobody believes her.

Data Template

<u>Outline Subjective data.</u>	<u>Outline Objective findings.</u>	<u>Identify diagnostic tests, procedures, laboratory work indicated.</u>	<u>Distinguish at least three differential diagnoses.</u>	<u>Identify appropriate medications, treatments or other interventions associated with each differential diagnosis</u>	<u>Explain key Social Determinants of Health (SDoH) for your chosen case.</u>	<u>Describe collaborative care referrals and patient education needs for your chosen case.</u>