

Week 8 Case Study

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Master of Science in Nursing, Walden University

NRNP-6552: Advanced Nursing Practice Reproductive
Health

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Introduction

History of Present Illness (HPI): Case #3 is a 36-year-old Hispanic woman presents to the OB clinic for her Week 24 check-up, gravida 2 para 1. Patient is a full-time homemaker. Pt states she is doing well but is worried about her weight gain. Obstetric history includes a normal spontaneous vaginal delivery (NSVD) 3 1/2 yrs ago with a viable 9 lb male infant after a 10-hour labor. No complications during pregnancy, delivery or postpartum period. She denies allergies to food, drugs or the environment. Current meds include Prenatal vitamins 1/day and Fe 90 mg/day. Family history is significant only for diet- controlled DM in paternal grandfather and an aunt and obesity in both mother and father.