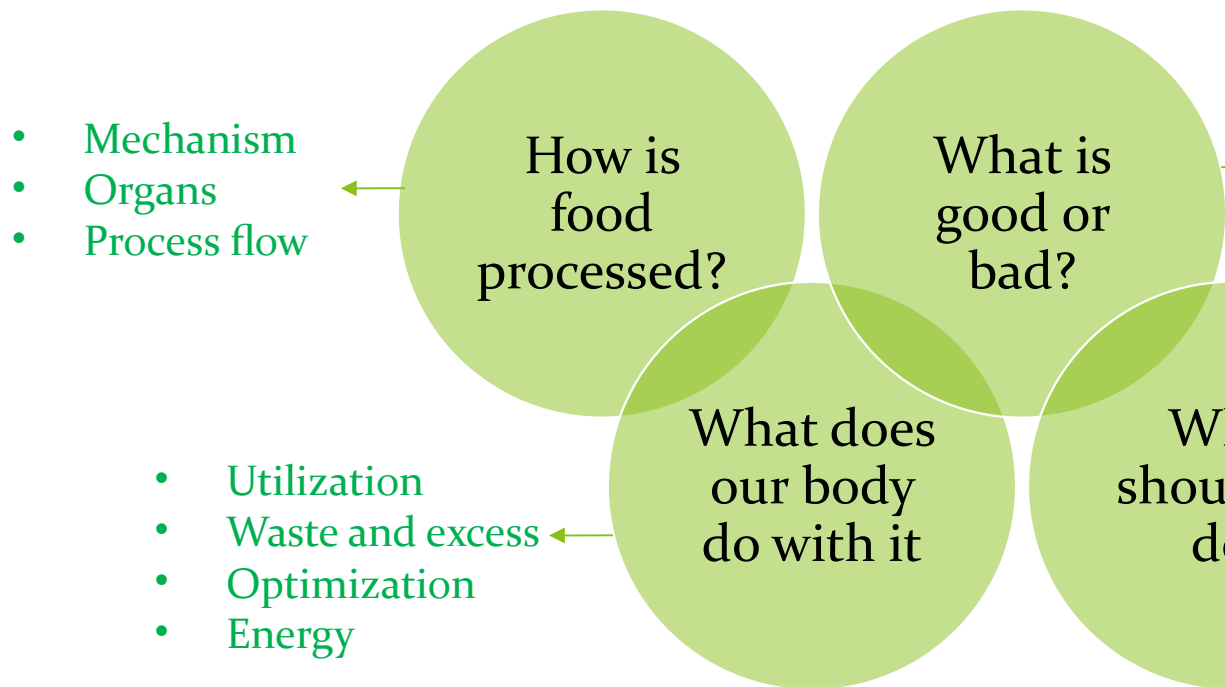


Nutrition Science Study Guide





Why what we know about what



“If you’re not a nutrition expert, you probably think you’re doing yourself a favor by using coconut oil and avoiding slathering’s of fattening peanut butter — but actual nutritionists disagree (**Downing, 2017, p. 1**)”.