

Epistaxis Case Study

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NRNP- 6568

Synthesis in Advanced Nursing Practice Care of Patients in Family Care Settings

Walden University

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Epistaxis Case Study

Focused SOAP Note

Patient Information:

B. Z., 11, M, Caucasian

S.

CC: Epistaxis.

HPI: This 11 y/o Caucasian male presents with his mother, reports onset of nosebleed since waking up about 1 hour ago. Continuous moderate blood flow from left nostril. Mother reports has been applying pressure and pinching nostrils since onset with no relief, did not try applying ice to nose. Patient does report “little” nausea, and a scratchy throat, which patient relates to dryness from sleeping with his mouth open; denies pain. Mother reports child has not had a nosebleed before and denies any recent trauma or injury, but was born with a “crooked” nose. Denies family history of bleeding or clotting disorders, mother reports child has had minor injuries with bleeding that didn’t last long.

Location: Left nostril

Onset: 1 hour ago

Character: moderate flow

Associated signs and symptoms: nausea and scratchy throat

Timing: Constant

Exacerbating/relieving factors: Nothing makes the bleeding worse. No relief with pressure.

Severity: 0/10

Current Medications: No prescription medications. Multivitamin gummy one by mouth daily.

Allergies: No known medication, food, environmental or latex allergies.

PMHx: Up to date with all immunizations. Influenza vaccine 10/2020. No major illnesses, hospitalizations or surgeries. No blood transfusions.

Soc & Substance Hx: B.Z. lives in a small western Kansas community, with his 2 sisters and parents. He is in the 6th grade, mother reports is a good student. He is the oldest child. He is very