

Week 8 Soap Note

Prac: 6568

Walden University



Preceptor Initials and Date (Required): _____
Preceptor Signature on Last page.

Patient Information:

DF, 73 year old, Male, Caucasian (Patient # 118)

S.

CC: "Blood Pressure issues"

HPI: DF is a 73-year-old Caucasian male patient who presented to the clinic today for Blood pressure issues. He reports his blood pressure has been running on the high side for the past month. He reports having a headache and occasional blurred vision. He rates his headache a 7/10 on the pain scale. He states taking Ibuprofen 600mg has helped ease the headache. He reports edema of lower extremities and shortness of breath with activity. He denies chest pain, pressure, or discomfort. He denies nausea and vomiting. Patient reports he is currently on Lisinopril, Amiodarone and Metoprolol for his blood pressure and was on Amlodipine till last month when he went to the emergency room and the doctor took him off it. He reports since then his blood pressure has been running high. Patient presented a Blood pressure log he has been keeping:

- 155/83
- 169/99
- 142/88
- 176/78
- 192/90
- 190/82

Current Medications:

- OTC Multivitamin for men: last dose last night at 8pm
- OTC Baby Aspirin 81mg, 1 Tablet once every day: Last dose this morning at 6am
- Furosemide 20mg 1 tablet every morning: Last dose this morning at 6am
- Lisinopril 10mg 1 tablet every morning: Last dose this morning at 6am
- Amiodarone 200mg, 1 tablet every morning: Last dose this morning at 6am
- Metoprolol 100mg 1 tablet BID: Last dose this morning at 6am
- Atorvastatin 40mg 1 tablet every night at bedtime: last dose last night at 8pm
- Omeprazole 40mg: 1 capsule every morning: Last dose this morning at 6am
- Potassium Chloride 10mg: 1 tablet once every other day: Last dose this morning at 6am
- Denies herbal supplements.

Allergies: NKA

- PCN: Hives and swelling.
- Shrimp: Hives
- Denies Latex allergies.
- Denies environmental and seasonal allergies.

PMHx: