

Diagnosis	Why It Doesn't Fit Erin's Case
Somatic Symptom Disorder	Involves excessive focus on physical symptoms—not identity fragmentation
Factitious Disorder	Characterized by intentional fabrication of illness—
Depersonalization/ Derealization Disorder	Involves feelings of detachment, but does not include multiple personality states or profound memory gaps

Schizotypal Personality Disorder	Involves eccentric behavior , odd speech , and cognitive or perceptual distortions —not noted in her case
Schizoid Personality Disorder	Characterized by social detachment and emotional flatness —she's active in social and creative settings
Schizophrenia	Requires functional impairment and psychotic features like disorganization or hallucinations—not present here

Trait	Borderline PD	Histrionic PD
Attachment Style	Fearful, clingy, highly sensitive	Superficial and attention-seeking
Behavior Toward Others	Angry outbursts and emotional instability	Flirtatious or overly dramatic to gain attention
Self-Image	Unstable or fragmented	Usually intact, but dependent on validation
Emotional Expression	Intense, often dysregulated	Excessive but more theatrical

Diagnosis

Why It's Not the Best Fit

Malingering

Involves **intentional**

fabrication for gain (e.g., avoiding jail, getting drugs)—no sign of external incentives here.

Conversion Disorder

Involves **loss of function** (e.g. blindness, paralysis) with symbolic psychological connection—not vague pain complaints.

Factitious Disorder

Symptoms are **intentionally created** to assume a sick role — there's no evidence she's trying to deceive for attention or care.

Flight of ideas

Rapid shifts between loosely related topics **without returning to a central theme**—often seen in mania.

Tangential

The speaker **never returns** to the original point—ideas veer off and remain off course.

Loose associations

Thoughts are illogically connected, with minimal or **no meaningful linkage**—standard in schizophrenia or disorganized speech.

Circumstantiality involves a lengthy, overly detailed speech pattern where the individual goes off-topic but eventually returns to the original point.

Diagnosis

Huntington's Disease

Involves movement abnormalities and cognitive decline, but hallucinations and

Diagnosis

Why It's Not the Best Fit

antipsychotic sensitivity are not defining features.

Primarily presents with behavior

Frontotemporal Lobar Degeneration

or language changes—not hallucinations or attentional fluctuation.

Alzheimer's Disease

Gradual memory loss is dominant; hallucinations and marked attentional shifts are uncommon early on.

Diagnosis

Why It's Premature to Diagnose Now

Schizophrenia

Requires symptoms ≥ 6 months, with at least 1 month of active-phase symptoms

Schizoaffective Disorder

Must include mood episode + schizophrenia symptoms, which haven't been documented

Schizophreniform Disorder

Requires ≥ 1 month but < 6 months of psychotic symptoms—not enough time has passed

Associated Disorder

Answer Choice

Fear of abandonment

Borderline Personality Disorder

Grandiosity, lack of empathy, need for admiration

Narcissistic Personality Disorder

Clinging behavior and need to be taken care of

Dependent Personality Disorder

A pervasive pattern consisting of attention seeking and excessive emotionality is the core feature of **Histrionic Personality Disorder**,

Why Not the Other Options?

- **Bipolar II Disorder**: Requires **hypomania**, not full mania. His past behavior suggests **mania** (significant impairment and risky behavior), which rules out bipolar II.
 - **Major Depressive Disorder (MDD)**: Doesn't account for the **history of manic behavior** – MDD excludes a history of mania or hypomania.
 - **Narcissistic Personality Disorder**: While affairs and grandiosity could suggest narcissism, the cyclical mood changes (manic and depressive episodes) strongly point to a **mood disorder**, not a **personality disorder**.
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Key Diagnostic Criterion (DSM-5):

Bipolar I disorder =

At least **one manic episode** (which may be followed or preceded by hypomanic or major depressive episodes).

Antisocial

Personality Disorder

Characterized by disregard for others' rights and deceit — not shown here

Borderline

Personality Disorder

Defined by unstable relationships, identity disturbance, impulsivity — **not attention-seeking** alone

Narcissistic

Personality Disorder

Involves grandiosity and entitlement, but typically less flamboyant or theatrical than histrionic behavior

Conversion disorder—also known in DSM-5 as **Functional Neurological Symptom Disorder**—involves neurological-like symptoms that are **not explained by medical conditions**, and often occur in response to psychological stress.