

Question 1

1 / 1 pts

Which of the following allows the PMHNP to practice in a state?

Credentialing

Graduation

Certification

Correct **Licensure**

Question 2

1 / 1 pts

The PMHNP is working with an insurance organization to provide oversight and authorization of services and benefits to patients. Which role of the PMHNP best describes this activity?

Advocacy

Correct! **Case management**

Policy making

Mentoring

Question 3

1 / 1 pts

A patient who is refusing psychiatric treatment has their case adjudicated. The judge orders treatment over objection for the good of the patient. Which ethical principle is trumped?

Beneficence

Nonmaleficence Correct!

Autonomy

Justice

Question 4

1 / 1 pts

Which of the following is characteristic of the leadership competency for APRNs?

Evaluating the appropriate use of seclusion and restraints in caring for a mentally ill patient

Correct! **Participating in a community-focused program that promotes mental health and reduces the risk of mental health problems**

Modifying the treatment plan based on the patient's needs

Developing an age-appropriate treatment plan

Question 5

1 / 1 pts

The first step in implementing an evidence-based practice change is to:

Identify key shareholders

Review the literature

Correct! **Identify the patient, population, and problem**

Obtain institutional review board approval

Question 6

1 / 1 pts

In regards to the Consensus Model, which of the following best describes the APRN role?

Policy, procedure and role development within NP role expansion

Psychopharmacology guidelines according to CMS and state guidelines.

Correct! **APRNs will be trained and licensed according to their role and population focus**

Vulnerable population with a focus on the biopsychosocial paradigm

APRNs will be trained and licensed according to their role and population focus.

Question 7

1 / 1 pts

Andika, a 26 year old male from Indonesia swung a sword at a doctor shortly after the sudden death of his father. He lost consciousness, collapsing to the floor after the violent attempt to hurt the doctor. Which culture bound syndrome best describes Andika's behavior?

Latah

Koro

Ataque de nervios

Correct! **Amok**

Amok is mostly found amongst males in Malaysia and Indonesia. Sudden violent behavior that is often followed by amnesia best describes this dissociative episode.

Question 8

1 / 1 pts

The learned beliefs and behaviors common among all members of a group defines:

Correct! **Culture**

Complex delusions

Folie a deux

Folie a famille

Question 9

1 / 1 pts

A specific behavior related to a person's culture and not leading to a psychiatric disorder is classified as:

Temporary delusion

Brief psychotic episode

Adjustment disorder

Correct! **Culture-bound syndrome**

Question 10

1 / 1 pts

All of the following factors put households headed by a single female at risk for homelessness except:

Inaccessible housing options

Underemployment

Correct! **Education**

Inadequate benefits

Question 1

A 66-year-old registered nurse, who retired from psychiatry 3 years ago, spends much of her time watching television. She is easily irritated by those interrupting her shows and has no desire to engage in any activities or identify with a broader community. Which developmental stage did she fail to master?

Industry versus Inferiority

Correct! **Generativity versus Stagnation**

Ego integrity versus Despair

Initiative versus Guilt

Erik Erikson's initiative vs. guilt phase occurs in the preschool years. It begins around age 3 and transitions to the next phase (industry vs. inferiority) at about age 5.

Erikson's Psychosocial Stages			
Stage	Basic Conflict	Virtue	Description
Infancy 0–1 year	Trust vs. mistrust	Hope	Trust (or mistrust) that basic needs, such as nourishment and affection, will be met
Early childhood 1–3 years	Autonomy vs. shame/doubt	Will	Develop a sense of independence in many tasks
Play age 3–6 years	Initiative vs. guilt	Purpose	Take initiative on some activities—may develop guilt when unsuccessful or boundaries overstepped
School age 7–11 years	Industry vs. inferiority	Competence	Develop self-confidence in abilities when competent or sense of inferiority when not
Adolescence 12–18 years	Identity vs. confusion	Fidelity	Experiment with and develop identity and roles
Early adulthood 19–29 years	Intimacy vs. isolation	Love	Establish intimacy and relationships with others
Middle age 30–64 years	Generativity vs. stagnation	Care	Contribute to society and be part of a family
Old age 65 onward	Integrity vs. despair	Wisdom	Assess and make sense of life and meaning of contributions

Question 2

1 / 1 pts

A 43-year-old man was involved in a motor vehicle collision in which he was found to have a blood alcohol concentration of 0.200. He was observed wandering around the crash site, slurring his words, and unable to provide a clear history. Emergency Medical Services brought him to the emergency department. The nurse triaged him to psychiatry for acute alcohol intoxication. What is the first priority for the PMHNP?

IV hydration

Ask the patient when he has his last drink

Correct! **C-spine stabilization and head imaging**

Explore the client's willingness to enter rehab

Question 3

1 / 1 pts

A middle-school girl who is timid to take any risks, prefers solitary activities, and does not ask questions of her teachers for fear that she is bothering them likely did not master which developmental stage?

Autonomy versus Shame and Doubt

Industry versus Inferiority

Trust versus Mistrust

Correct! Initiative versus
Guilt

Question 4

1 / 1 pts

Which of the following is an indication for monitoring of serum drug levels?

Resolution of symptoms

Correct!

Smoking cessation

New diagnosis of hyperlipidemia

New diagnosis of diabetes

Question 5

1 / 1 pts

A 26-year-old man has been on an antipsychotic. He requires further titration for control of symptoms. Which of the following tests should be repeated?

Correct! EKG

Urinalysis

Head CT scan

Liver function test

Question 6

1 / 1 pts

When providing psychoeducation to a patient with treatment-resistant depression about electroconvulsive therapy (ECT), you tell the patient that the most common adverse effect of treatment is which of the following?

Psychosis

Correct! **Amnesia**

Arrhythmia

Respiratory depression

Question 7

1 / 1 pts

A woman who discovers her husband has committed suicide in the middle of the night decides to tell her 4- and 6-year-old children the next morning that the reason daddy is not here today is that he went to work. Based on their developmental stage, what might they assume when mommy says she is going to work?

Correct! **Going to work means you are not coming home**

Mommy will come home, as has been the case in the

past Daddy will come home when mommy goes to work

When someone cannot be seen, then they cease to exist

Question 8

1 / 1 pts

On physical exam, rebound tenderness most likely suggests what?

Acute choledocholithiasis

Acute cholecystitis

Acute pyelonephritis

Correct! **Acute appendicitis**

Voluntary guarding, rebound tenderness, abdominal pain with coughing or localized right lower quadrant pain all suggest acute appendicitis.

Question 9

1 / 1 pts

A patient who is considering electroconvulsive therapy (ECT) for resistant depression inquires as to the number of sessions she would likely require. Based on the best evidence currently available what is the best response?

20

4

40

Correct! 10

Question 10

1 / 1 pts

A 68-year-old man with no past psychiatric history but with a history of poly substance use disorder is admitted for psychosis (disorganized thoughts, rapid pressured speech, persistent rumination, paranoid delusions, and apathy). Which of the following tests would be most important in determining the etiology of his new onset symptoms?

Urine culture

Urine toxicology screening

Correct! HIV testing

Mental state exam

Question 1

1 / 1 pts

The PMHNP was asked to lead a new project at the hospital and implement a recovery-oriented care philosophy. The best intervention most consistent with recovery-oriented nursing would include which of the following?

Write a note for the patient excusing them from work for 2 weeks to encourage rest and relaxation

Correct! Work with the patient to identify situations that may lead to a