

- 1. Using one of the articles provided in this week's course announcement, identify the nursing theory used to frame the nursing research.**
- 2. Analyze the selected nursing theory used to guide the research article you selected for the assignment and describe how the nursing theory that was used applies to nursing's metaparadigm, including each of the following:**
 - Person**
 - Health**
 - Environment**
 - Nursing**
- 3. Support your summary using one quotation, cited in the APA format for a quote as outlined in the academic integrity presentation in lesson 1.**
- 4. Support your summary using one summary or synthesis statement, cited in the APA format for a summary/synthesis as outlined in the academic integrity presentation in lesson 1.**

The article I selected was conducted by (Barutcu & Mert, 2016), this study focused on research linked to the impact brought by providing support to those caregivers who experienced caring for patients enduring Heart Failure (HF). The research tool utilized was a quasi-experimental design which aimed to prove the value of providing support to those involved in the delivery of care as a caregiver and receiving such care as the patient suffering from (HF) would feel more comfortable leading to an overall well-being of those involved in the studied group (Barutcu & Mert, 2016).

This article dealt with the impact of having a support system during times of sickness and the Neuman Systems Model (NSM) was an ideal nursing theory for this study because it encompasses the relationship between making patients aware of the power of emotions and behaviors during life situations that have a great impact in the lives of patients and their overall state of health and well-being. The concepts of the (NSM) encompass a patient as a wholistic group experiences. The primary aim of the model is to maximize wellness for individuals by helping them define their system of stability to prevent illness (Fawcett & Foust, 2019). The concepts of the (NSM) encompass the patient existence as an interchangeable wholistic continuum. The primary aim of the model is to maximize wellness for individuals by helping them define their system of stability to prevent illness (Fawcett & Foust, 2019).